



SMALL GROUP DISCUSSION GUIDE

THIS WEEK: God Won't Give You More Than You Can Handle – II Cor. 1:8-11

GETTING STARTED

- What is one thing you are thankful for this week?
- Do you think of yourself as an optimist or a pessimist? Have you always been that way?
- Share about a time when life gave you more than you could handle?

QUESTIONS FROM THE PASSAGE (I Cor. 10:12-14; II Cor. 1:8-11)

- The promise in the Bible is NOT that we will never experience difficult or dark times. What is the promise in Scripture? (John 16:33)
- What is God's promise to us when we face temptations? (I Corinthians 10:13)
- I Corinthians 10:13 is NOT about facing adversity and difficult circumstances in life, but something else. What is it? (I Corinthians 10:13)
- How bad were the circumstances that Paul found himself in? (II Corinthians 1:8-9)
- Why does Paul mention that God "raises the dead?" (II Corinthians 1:9)
- Besides God's gracious help in the midst of difficulty, what else helped Paul? (II Corinthians 1:11)

APPLICATION

- We often ask for God to change the situations we're in, but how often do we wonder if God allowed us to be put in that situation in order to change something in us? Share a time when having more than you could handle deepened your dependence on God.
- How would you re-phrase the cliché "God won't give you more than you can handle" in a way that better describes the teachings in scripture?
- How has experiencing God's peace and presence in the midst of difficult circumstances helped you personally?
- Take time to pray for one another.