



DISCUSSION GUIDE

OVERWHELMED BY SHAME

GETTING STARTED

How do people today respond to shame? How do we confuse shame with guilt or embarrassment?
What is worse for this woman; her physical condition or the shame it brought her?
Can you think of any modern parallel to the shame this woman felt?

QUICK REACTIONS FROM THE MESSAGE

How would you summarize/paraphrase the message in your own words?
What point/idea resonated most with you? Why?
In what way was this woman's shame no fault of her own?
Dave mentioned that shame only survives in silence and secrecy. In what way did this woman refuse to live in shame?
This woman had been to every "doctor" and then turns to Jesus...how can we make the same mistake in our own spiritual lives?
In what way can we "cover up" our shame? In what way does Jesus heal us, bring us peace (shalom)?
Why does Jesus refuse to allow her to stay hidden, or slowly back out of the crowd after she has been healed?
Why do you think it is important for her to tell Jesus and others what had happened? For us to as well?
What is the significance of Jesus calling her a "Daughter"? That her faith has made her well? And to go in peace?
How has Christ become your peace and in what way do you have a new name and new identity in Christ?

EXPLORE THE PASSAGE [Luke 8:42-48]

(Yes, these questions can seem silly, however, good discussion and interpretation of the Bible begins with having a proper understanding of the basic facts; who, what, when, and where in the text.) Work through this quickly, the answers are fairly obvious.

What role do crowds play in this passage? (8:40, 42, 45, 47, 52-53)
What do we know about the sick woman? (8:43-44)
How did Jesus know that someone had been healed? (8:45-46)
What was the woman's reaction to being discovered? (8:47)
To what did Jesus attribute the woman's healing? (8:48)

QUESTIONS THAT HELP US UNDERSTAND THE SIGNIFICANCE OF THE TEXT

Now read both healings in Luke 8:40-56...

What is similar about the two healings?

What is the difference between the two healings?

What emotional effect can shame, and physical distress have on someone?

How must Jesus' words have sounded to the woman?

In what ways do you imagine the woman's life changed from that day on?

How did Jesus' manner and words stand in sharp contrast to the mood outside and inside Jairus's house?

How did Jesus show His care for the whole person in both situations?

What can we learn from the boldness of both the woman and Jairus?

APPLY THE PASSAGE

What do we learn about God and about ourselves in these passages?

What do you need to stop, start or do differently as a result of reading this passage?

How can we pray for each other?