



DISCUSSION GUIDE

DON'T QUIT, IT'S JUST A DISTRACTION! 5-25-25 Nehemiah Series

GETTING STARTED

What was the biggest distraction you have experienced recently?

QUICK REACTIONS FROM THE MESSAGE

How would you summarize/paraphrase the message in your own words?

What point/idea resonated most with you? Why?

EXPLORE THE PASSAGE [Nehemiah Chapter 6]

What do you think drove Nehemiah to not quit?

Nehemiah had several people coming against him at one time although he had done no wrong. Have you ever found yourself being attacked by several different sources simultaneously for a "crime" you didn't commit?

How did you handle it?

Nehemiah's opposition came as a result of him doing something for God. Was yours?

When do you seem to experience the most distractions?

Where do your worst distractions come from?

In Nehemiah 6:9, what was his primary line of defense?

Typically, what is your first line of defense (who is the first person you reach out to)?

Nehemiah finished the wall despite rather significant distractions! Do you tend to overcome your distractions or cave under the weight?

Do you find value in reaching out to a close friend or church member to help you deal with and overcome the distraction? Or do you choose to just try and plough through on your own? Why?

APPLY THE PASSAGE

What do we learn about God and about ourselves in these passages?

What do you need to stop, start or do differently as a result of reading this passage?

How can we pray for each other?